



Interview with Forks Over Knives' Ruth Heidrich on ESPN Radio

By Forks Over Knives
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Ruth Heidrich, who was featured in Forks Over Knives, was interviewed on ESPN 1700 San Diego to discuss her breast cancer recovery and accomplishments as an Ironman triathlete. Click below to listen to the interview.

<https://soundcloud.com/forksoverknives/dr-heidrich-interview-with-mr>