



1 serving
Cook Time: 2 minutes

INGREDIENTS:

2 teaspoons balsamic vinegar
1 teaspoon Dijon mustard
1 teaspoon nutritional yeast
¼ teaspoon dried basil (or other dried herbs)
sea salt and freshly ground black pepper

2-Minute Oil-Free Balsamic Dressing

We hope that's quick enough for you! This easy, quick oil-free balsamic dressing comes from chef Katie Simmons. Serve it over a hearty plant-based salad, marinated mushrooms, or grilled tofu.

Recipe from [Plants-Rule](#).

Find this recipe and more (plus create a quick shopping list) in the [Forks Over Knives Recipe App](#).

By Katie Simmons

- 1 Combine all ingredients with 2 teaspoons water in a jar or Tupperware container.
- 2 Close lid, and shake for a few seconds to mix well.