



Uprooting the Leading Causes of Death

By Michael Greger, MD
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In this [NutritionFacts.org](https://www.nutritionfacts.org) video, Dr. Michael Greger looks at the leading causes of death in the United States. Using recent studies, Dr. Greger gives essential advice on how best to feed ourselves and our families to prevent, treat, and even reverse the top 15 killers in America.