



Amy Smart is “Wow”ed by Forks Over Knives

By Forks Over Knives
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Actress Amy Smart recently [tweeted](#) about her first viewing of Forks Over Knives.

"Been hearing about documentary @ForksOverKnives, finally just saw it, wow, lives up to its reputation, so inspiring and life changing!!"

Amy Smart has appeared in the TV series *Felicity*, *Scrubs*, *Robot Chicken*, and *Shameless*, as well as many films, including *The Butterfly Effect* and *Just Friends*.

Visit our [Celebrity Talk](#) page to see what other celebs have said about Forks Over Knives.