



## FOK Contributor Julieanna Hever on The Dr. Oz Show

By Forks Over Knives  
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Forks Over Knives contributor Julieanna Hever, RD, appeared on The Dr. Oz Show this past Friday. Click the links below to see the entire video. Julieanna is author of [The Complete Idiot's Guide to Plant-Based Nutrition](#) and producer/host of the video "[To Your Health](#)," both available on the FOK website.

[Dr. Oz Show - The Prehistoric Diet Part 1 \(Video: 5:23\)](#)

[Dr. Oz Show - The Prehistoric Diet Part 2 \(Video: 5:59\)](#)

[Dr. Oz Show - The Prehistoric Diet Part 3 \(Video: 4:23\)](#)

[Dr. Oz - Prehistoric Diet Recipes \(Video: 5:57\)](#)