



Makes 4 Servings
Cook Time: 10 minutes

INGREDIENTS:

4 medium-sized bananas, cut
into 1-inch pieces and frozen

1 cup frozen cherries

1/2 teaspoon vanilla extract

1 tablespoon to 1/4 cup
unsweetened almond milk, as
needed

2 tablespoons mini vegan
chocolate chips

Cherry Soft-Serve Ice Cream

This is a vegan version of Ben and Jerry's Cherry Garcia ice cream. It's a delicious, refreshing, and guilt-free soft-serve dessert.

From *The Abundance Diet*

Find this cool dessert recipe and more kid-friendly ideas in the *Forks Over Knives Recipe App*.

https://www.youtube.com/watch?v=LAdHWRiSt_4

By Somer McCowan

- 1 In a food processor, combine the frozen banana pieces, cherries, and vanilla extract.
- 2 Process until creamy, adding almond milk one tablespoon at a time as necessary.
- 3 Pulse in the chocolate chips. Serve immediately.