



FOK Recipe App Now Available for iPhone and iPod Touch

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Updated April 2015 to reflect new Android app and add new links.

We are pleased to announce that the Forks Over Knives Recipe App is now available for iPhone and iPod touch.

Launching with 130+ recipes — including soups, stews, wraps, pastas, breakfasts and desserts — the [Forks Over Knives Recipe App](#) offers a wide range of hearty and delicious plant-based dishes. The app features contributions from over 20 leading plant-based chefs and will be updated with new recipes each week.

The app has been thoughtfully designed to make every aspect of cooking healthy meals intuitive and fun. High-resolution images accompany each meal and easy-to-follow, step-by-step instructions make preparation and cooking a breeze. A built-in shopping list enables you to track the items needed from the grocery store. In addition, you can add notes to a recipe, save favorites for later, and see which recipes are trending in the community.

[Click here](#) to download it for either iPhones or Android devices.