



## Webinar Replay: Breast Cancer-Kicking Strategies

By Kristi Funk, MD  
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### LEARN HOW CHANGES TO YOUR EVERYDAY DIET AND LIFESTYLE CAN HELP FIGHT BREAST CANCER.

Breast cancer is one of the most feared diseases in the world. But did you know that only 5 to 10 percent of all breast cancer comes from an inherited gene mutation? That's right: Up to 90 percent of cancer results from the dietary and lifestyle choices we make every single day—not genetics. Kristi Funk, MD, noted breast cancer surgeon and women's health warrior at [pinklotus.com](http://pinklotus.com), dispels common misconceptions about breast cancer and presents evidence-based nutrition and lifestyle secrets to living your healthiest life. Come listen as complex concepts get distilled into simple, actionable, take-it-home-and-start-right-now power!

#### In this webinar, Dr. Funk discusses:

- The four boulders on the scales of health that tip you toward breast cancer or away from it.
- How every time you lift a fork to your mouth, you either fight or fuel breast cancer.
- The top 12 foods that breast cancer hates more than kids hate cabbage.

### [WATCH THE REPLAY](#)

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