



Makes 6 cups
Preparation Time: 15 minutes
Cook Time: 2 hours

INGREDIENTS:

2 cups frozen banana pieces (2 large bananas)

4 cups frozen blueberries

4 to 6 fresh mint leaves

Mint and Blueberry Nice Cream

Frozen blueberries and bananas make the most dramatic-looking **nice cream** you've ever seen. The addition of fresh mint takes the flavor to the next level. For a pretty garnish, top each serving of this frozen treat with a few fresh blueberries and a sprig of mint.

By Darshana Thacker Wendel

- 1 In a high-speed blender or food processor combine all ingredients. Pulse on low to medium-low until crumbly, stopping and scraping down sides once or twice. Blend continuously 30 seconds to 1 minute or until smooth and creamy.
- 2 Transfer to a freezer-safe container. Freeze at least 2 hours before serving. Store in the freezer up to 1 week.